

# LUNCH MENU



Summer/Fall 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p>Chicken Tenders                      ♦Veggie Nuggets                      Brown Rice                      Green Beans                      Apples                      Milk*</p>	<p>Soft Tacos (ground turkey)                      w/ Black Beans                      Whole Grain Tortilla                      Shredded Cheddar Cheese                      Chopped Lettuce                      Diced Tomatoes                      Tropical Fruit (canned)                      Milk*</p>	<p>Mac &amp; Cheese                      Corn Muffin                      Peas                      Oranges                      Milk*</p>	<p>Whole Wheat Pancakes                      Turkey Sausage                      ♦Veggie Sausage                      Hash Browns                      Applesauce                      Milk*</p>	<p>Cheese Pizza on                      Whole Grain Crust                      Black Olives (on the side)                      Cauliflower                      Pineapple (canned)                      Milk*</p>
II	<p>Goulash                      (whole wheat elbow macaroni                      w/ ground turkey &amp; sauce)                      ♦Soy Meatballs/Plain Sauce                      Cauliflower                      Honeydew                      Milk*</p>	<p>Cheese Sandwich on                      Whole Wheat Bread                      Tomato Soup                      Peas &amp; Carrots                      Bananas                      Milk*</p>	<p>Whole Wheat Penne Pasta                      w/ Alfredo Sauce &amp;                      Grilled Chicken                      ♦Veggie Nuggets                      Broccoli                      Pears                      Milk*</p>	<p>Sloppy Joes (ground turkey)                      w/ Whole Wheat Roll                      ♦Soy Meatballs/Plain Sauce                      Cooked Carrots                      Oranges                      Milk*</p>	<p>Scrambled Eggs                      Apple Cinnamon Muffin                      Hash Browns                      Cantaloupe                      Milk*</p>
III	<p>Soft Tacos (ground turkey)                      w/ Refried Beans                      Whole Grain Tortilla                      Shredded Cheddar Cheese                      Chopped Lettuce                      Diced Tomatoes                      Tropical Fruit (canned)                      Milk*</p>	<p>Chicken Tenders                      ♦Veggie Nuggets                      Brown Rice                      Sweet Potato Fries                      Pears                      Milk*</p>	<p>Pasta Salad w/                      Rotini Pasta, Northern Beans                      &amp; Peppers, Olives,                      Diced Tomatoes                      Balsamic Dressing                      Watermelon                      Milk*</p>	<p>Cheese Pizza on                      Whole Grain Crust                      Black Olives (on the side)                      Cauliflower                      Pineapple (canned)                      Milk*</p>	<p>Fish Sticks                      ♦Veggie Nuggets                      Buttered Egg Noodles                      Squash                      Bananas                      Milk*</p>
IV	<p>Turkey Burger on                      Whole Wheat Roll                      ♦Veggie Burger                      Green Beans                      Watermelon                      Milk*</p>	<p>Whole Wheat Penne Pasta                      w/ Alfredo Sauce &amp;                      Grilled Chicken                      ♦Veggie Nuggets                      Broccoli                      Pears                      Milk*</p>	<p>Sloppy Joes (ground turkey)                      w/ Whole Wheat Roll                      ♦Soy Meatballs/Plain Sauce                      Sweet Potato Tots                      Apples                      Milk*</p>	<p>Chicken w/ Feta Cheese                      Whole Wheat Grilled Pita                      Chopped Lettuce                      Diced Tomato                      Greek Dressing                      Bananas                      Milk*</p>	<p>Cheese Sandwich on                      Whole Wheat Bread                      Cooked Carrots                      Cantaloupe                      Milk*</p>

\*Milk served is whole, non-fat, or soy.

All meat products are chicken or turkey. Sandwiches served on whole wheat bread.

♦ indicates vegetarian alternative

\*\*UBCCC is an Equal Opportunity Provider / If your child has a food allergy, please notify us.\*\*